

Lakeside Elementary School November Breakfast Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Goody Ring Chilled Juice Fruit Low Fat Milk	2 Cinnamon Roll Chilled Juice Fruit Low Fat Milk	3 Benefit Bar Chilled Juice Fruit Low Fat Milk	4 Assorted Cereal w/ Jungle Crackers Chilled Juice Fruit Low Fat Milk	5 Yogurt w/ Jungle Crackers Chilled Juice Fruit Low Fat Milk
8 Cherry Frudel Chilled Juice Fruit Low Fat Milk	9 S'mores Zee Zee Bar Chilled Juice Fruit Low Fat Milk	10 Mini Donuts Chilled Juice Fruit Low Fat Milk	11	12 Yogurt w/ Jungle Crackers Chilled Juice Fruit Low Fat Milk
15 Goody Ring Chilled Juice Fruit Low Fat Milk	16 Cinnamon Roll Chilled Juice Fruit Low Fat Milk	17 Benefit Bar Chilled Juice Fruit Low Fat Milk	18 Assorted Cereal w/ Jungle Crackers Chilled Juice Fruit Low Fat Milk	19 Yogurt w/ Jungle Crackers Chilled Juice Fruit Low Fat Milk
22 Cherry Frudel Chilled Juice Fruit Low Fat Milk	23 S'mores Zee Zee Bar Chilled Juice Fruit Low Fat Milk	24 Mini Donuts Chilled Juice Fruit Low Fat Milk	25	26
29	30 Cinnamon Roll Chilled Juice Fruit Low Fat Milk			

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

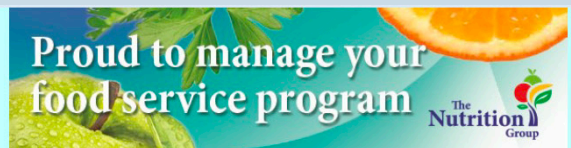
Variety of Fresh Fruit, 100% Fruit Juice and

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Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White



MENU SUBJECT TO CHANGE