

Honesdale High School November Breakfast Menu

Food Service Director: Ryne Spaulding
Email:rspaulding@whsdk12.com
570-253-6083 EXT1



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Eggo Pancakes Maple Syrup Chilled Juice Fruit Low Fat Milk	2 Warm Cherry Frudel Chilled Juice Fruit Low Fat Milk	3 Eggo Cinnamon Waffles Chilled Juice Fruit Low Fat Milk	4 Egg and Cheese Taco Chilled Juice Fruit Low Fat Milk	5 French Toast Bites Maple Syrup Chilled Juice Fruit Low Fat Milk
8 Eggo Pancakes Maple Syrup Chilled Juice Fruit Low Fat Milk	9 Warm Cherry Frudel Chilled Juice Fruit Low Fat Milk	10 Eggo Confetti Pancakes Chilled Juice Fruit Low Fat Milk	11	12 Breakfast Pancake Wraps Chilled Juice Fruit Low Fat Milk
15 Eggo Pancakes Maple Syrup Chilled Juice Fruit Low Fat Milk	16 Warm Cherry Frudel Chilled Juice Fruit Low Fat Milk	17 Eggo Cinnamon Waffles Chilled Juice Fruit Low Fat Milk	18 Egg and Cheese Taco Chilled Juice Fruit Low Fat Milk	19 French Toast Bites Chilled Juice Fruit Low Fat Milk
22 Eggo Pancakes Maple Syrup Chilled Juice Fruit Low Fat Milk	23 Warm Cherry Frudel Chilled Juice Fruit Low Fat Milk	24 Eggo Confetti Pancakes Chilled Juice Fruit Low Fat Milk	25	26
29	30 Warm Cherry Frudel Chilled Juice Fruit Low Fat Milk			
MONDAY Egg and Cheese on a English Muffin	TUESDAY Bacon, Egg & Cheese on a Bagel	WEDNESDAY Sausage and Cheese on a Biscuit	THURSDAY Sausage Egg & Cheese On a Bagel	FRIDAY Egg and Cheese on a English Muffin

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

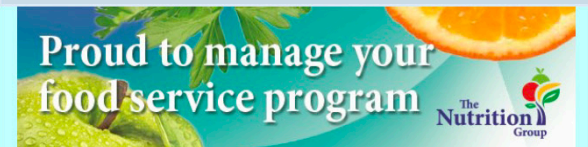
Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Daily Alternates Include:
Assorted Cereal With Jungle Crackers
Yogurt Parfaits
Smoothies

Variety of Fresh Fruit, 100% Fruit Juice and
Canned Fruits available daily.



Milk Choices Offered Daily
Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White



The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENU SUBJECT TO CHANGE