Wayne Highlands April/May Breakfast Menu

Ryne Spaulding, Food Service Director Email: Rspaulding@whsdk12.com Phone: 570-253-6083

applicable federal statutes and regulations. EOE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
16	Waffles	17 Sausage Egg and Cheese	18 Pancake and Sausage	19 Breakfast Pizza	20 French Toast and	What Makes a Breakfast Meal?
	and Maple Syrup	On a Bagel	Wrap	Chilled Juice	Maple Syrup	CANADA CONTRACTOR OF THE CONTR
	Chilled Juice	Chilled Juice	Chilled Juice	Fruit	Chilled Juice	You must choose at least 3 of 4 components available for the school
	Fruit	Fruit	Fruit	Low Fat Milk	Fruit	breakfast price.
	Low Fat Milk	Low Fat Milk	Low Fat Milk		Low Fat Milk	Entrée, 1 Cup Fruit, and 1/2 Pint Milk
						General Mills assorted cereal served every day
						Alternate Options May Include:
23	Waffles	24 Bagel & Cream Cheese	25 Pancake and Sausage	26 Bacon, Egg and Cheese	27 French Toast and	Banana or Blueberry Muffins
	and Maple Syrup	Chilled Juice	Wrap	On a Bagel	Maple Syrup	Chocolate Chip Oatmeal Breakfast Bar
	Chilled Juice	Molly Fruit	Chilled Juice	Chilled Juice	Chilled Juice	Fortified Breakfast Pastries Bagels
	Fruit	COW Low Fat Milk	Fruit	Fruit	Fruit	Yogurt & Toast
	Low Fat Milk	LOW F de Willie	Low Fat Milk	Low Fat Milk	Low Fat Milk	Variety of Fresh Fruit, 100% Fruit Juice and
	LOW I at Mills	Molly At Lakeside Elementary	LOW I ACTIVITIE	LOW I at Willix	12:30 Dismissal	Canned Fruits available daily.
		Wolly At Lakeside Lietheritary				
30	Waffles	May 1	2 Pancake and Sausage	3 Breakfast Pizza	4 French Toast and	
	and Maple Syrup	Sausage Egg and Cheese	Wrap	Chilled Juice	Maple Syrup	Milk
	Chilled Juice	On a Bagel	Chilled Juice	Fruit	Chilled Juice	
	Fruit	Chilled Juice	Fruit	Low Fat Milk	Fruit	
	Low Fat Milk	Fruit	Low Fat Milk		Low Fat Milk	
		Low Fat Milk			12:30 Dismissal	Milk Choices Offered Daily
7		8 Bagel & Cream Cheese	9 Pancake and Sausage	10 Bacon, Egg and Cheese	11 French Toast and Maple	Fat Free Chocolate,
	Waffles	Chilled Juice	Wrap	On a Bagel	Syrup	Fat Free White and Low Fat White
	and Maple Syrup	Fruit	Chilled Juice	Chilled Juice	Chilled Juice	
	Chilled Juice	Low Fat Milk	Fruit	Fruit	Fruit	
	Fruit		Low Fat Milk	Low Fat Milk	Low Fat Milk	Proud to manage your
	Low Fat Milk					Cook of the country o
						1000 service program Nutrition
14	Waffles	15	16 Pancake and Sausage	17 Breakfast Pizza	18 French Toast and	
, i	and Maple Syrup	Sausage Egg and Cheese	Wrap	Chilled Juice	Maple Syrup	Meal Prices:
	Chilled Juice	On a Bagel	Chilled Juice	Fruit	Chilled Juice	Paid \$2.00
	Fruit	Chilled Juice	Fruit	Low Fat Milk	Fruit	Reduced \$.30
	Low Fat Milk	Fruit	Low Fat Milk	LOW I ALIVIIIN	Low Fat Milk	The Cahael District does not discriminate as the basis of are year sales
	LOW I AL WIIIN	Low Fat Milk	LOW I ALIVIIIN		12:30 Dismissal	The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

Secondary April/May Breakfast Menu

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Phone: 570-253-6083



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	MONDAY	TUESDAY	WEDNESDAY		THURSDAY		FRIDAY
16		17 Waffles	18 Pancake and Sausage	19	French Toast and	20	Mini Pancakes with
	Hot Apple Frudel	and Maple Syrup	Wrap		Maple Syrup		Maple Syrup
	Chilled Juice	Chilled Juice	Chilled Juice		Chilled Juice		Chilled Juice
	Fruit	Fruit	Fruit		Fruit		Fruit
	Low Fat Milk	Low Fat Milk	Low Fat Milk		Low Fat Milk		Low Fat Milk
		12:30 Dismissal					
23		24 Waffles	25 Pancake and Sausage	26	French Toast and	27	Mini Pancakes with
	Hot Apple Frudel	and Maple Syrup	Wrap		Maple Syrup		Maple Syrup
	Chilled Juice	Chilled Juice	Chilled Juice		Chilled Juice		Chilled Juice
	Fruit	Fruit	Fruit		Fruit		Fruit
	Low Fat Milk	Low Fat Milk	Low Fat Milk		Low Fat Milk		Low Fat Milk
30	Hot Apple Frudel	May 1 Waffles	2 Pancake and Sausage	3		4	Mini Pancakes with
	Chilled Juice	and Maple Syrup	Wrap		French Toast and		Maple Syrup
	Fruit	Chilled Juice	Chilled Juice		Maple Syrup		Chilled Juice
	Low Fat Milk	Fruit	Fruit		Chilled Juice		Fruit
		Low Fat Milk	Low Fat Milk		Fruit		Low Fat Milk
7		8 Waffles	9 Pancake and Sausage	10	French Toast and	11	Mini Pancakes with
	Hot Apple Frudel	and Maple Syrup	Wrap		Maple Syrup		Maple Syrup
	Chilled Juice	Chilled Juice	Chilled Juice		Chilled Juice		Chilled Juice
	Fruit	Fruit	Fruit		Fruit		Fruit
	Low Fat Milk	Low Fat Milk	Low Fat Milk		Low Fat Milk		Low Fat Milk
13		14 Waffles	15 Pancake and Sausage	16	French Toast and	17	Mini Pancakes with
13	Hot Apple Frudel	and Maple Syrup	Wrap	10	Maple Syrup	''	Maple Syrup
	Chilled Juice	Chilled Juice	Chilled Juice		Chilled Juice		Chilled Juice
	Fruit	Fruit	Fruit		Fruit		Fruit
	Low Fat Milk	Low Fat Milk	Low Fat Milk		Low Fat Milk		Low Fat Milk
	LOW I ALIVIIIN	LOW I AL WIIIN	LOW I AL WIIIN		LOW I AL IVIIIN		LOW I AL WIIIN
Sa	usage, Egg and Cheese on a Bagel	Bacon, Egg and Cheese or a English Muffin	Ham, Egg and Cheese on a	(Chicken Patty on a Roll	Ва	acon Egg and Cheese o a Bagel

at Makes a Breakfast Meal?

ust choose at least 3 of 4 components available for the school

, 1 Cup Fruit, and 1/2 Pint Milk

al Mills assorted cereal served every day

nate Options May Include:

a or Blueberry Muffins late Chip Oatmeal Breakfast Bar ed Breakfast Pastries & Toast

of Fresh Fruit, 100% Fruit Juice and d Fruits available daily.



Milk Choices Offered Daily

Fat Free Chocolate. Fat Free White and Low Fat White

oud to manage your od service program



Meal Prices: Paid \$2.00 Reduced \$.30

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