

Stourbridge Elementary August September Lunch

Food Service Director: Ryne Spaulding
Email: rspaulding@whsdc12.com
Phone: 570-253-6083



What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:

Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Peas
Applesauce
*May choose one 1/2 cup servings

*May choose one 1/2 cup serving

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free White and Low Fat White

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
28 Chicken Nuggets Slice of Bread Steamed Green Beans Juicy Diced Peaches Low Fat Milk	29 Mac and Cheese Slice of Bread X-Ray Vision Carrots Sliced Pear Low Fat Milk	30 Pierogies Slice of Bread Steam Golden Corn Rainbow Applesauce Low Fat Milk HAM AND CHEESE MUNCHABLE	31 French Bread Pizza Steamed Peas Mixed Fruit Jell-O Low Fat Milk	September 1 Happy Labor Day No School	AVAILABLE DAILY The Deli Ham & Cheese Sandwich Turkey and Cheese Sandwich
4 Happy Labor Day No School	5 BRUNCH FOR LUNCH French Toast Sticks Sausage Patty Tater Tots Warm Cinnamon Apple Slices Low Fat Milk	6 Wellness Wednesday Chicken Tenders Slice of Bread Seasoned Green Beans Diced Peas Low Fat Milk PIZZA DIPPER MUNCHABLE	7 Cheese Burger French Fries Mandarin Oranges Low Fat Milk	8 Homemade Pizza Steamed Corn Strawberries Low Fat Milk	Peanut butter and Jelly Chef Salad Dinner Roll Fruited Yogurt Crackers
11 Chicken Tenders Slice of Bread Seasoned Green Beans Juicy Peaches Low Fat Milk	12 Hot Ham and Cheese on a Pretzel Roll Steamed Carrots Apple Sauce Low Fat Milk	13 Roast Turkey and Gravy Biscuit Mashed Potatoes Apple Crisp Low Fat Milk HAM AND CHEESE MUNCHABLE	14 Meatball Hoagie Mozzarella Cheese French Fries Mandarin Oranges Low Fat Milk	15 Deep Dish Pizza Power Punch Broccoli Raisins Low Fat Milk	
18 Walking Tacos Rice Steamed Corn Diced Peaches Low Fat Milk	19 TALK LIKE A PIRATE DAY "Seashell" Mac and Cheese Pirate Swords (garlic Bread) Seaweed (Carrots and Cucumbers) Fat Free Milk Pirate Ship Jell-O	20 Pasta and Meatballs Slice of Bread Seasoned Green Beans Pineapple Tidbits Low Fat Milk NACHO AND CHEESE MUNCHABLE	21 Pierogies Slice of Bread Carrot Coins Candied Apple Low Fat Milk	22 Pizza Sticks Dipping Sauce Steam Broccoli Sliced Peas Low Fat Milk	
25 Chicken Nuggets Slice of Bread Golden Corn Pineapple Tidbits Low Fat Milk	26 Mac and Cheese Slice of Bread Mixed Vegetables Sliced Peaches Low Fat Milk	27 Brunch for Lunch Pancakes and Sausage Tater Tots Warm Apples Low Fat Milk HAM AND CHEESE MUNCHABLE	28 Cheese Burger Sweet Potato Fries Raisins Low Fat Milk	29 Homemade Pizza X-Ray Vision Carrots Mandarin Oranges Low Fat Milk	The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

Lunch Prices:
Paid \$2.60
Reduced \$.40