

Middle School December Lunch Menu



Food Service Director: Ryne Spaulding
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Breaded Chicken Patties and
Cheese Burgers available everyday!



Monday & Wednesday

Grilled Chicken Caesar Salad,
Bread

Tuesday & Friday

Chef Salad turkey, ham, cheese,
egg, bread

Thursday

Tuna Salad Slice Bread

Garden Salad With Breaded
Chicken or Tuna Salad



Cheese Pizza Everyday



A wide variety of sandwiches, wraps,
specialty salads and yogurt parfaits are
available daily!



Monday	Tuesday	Wednesday	Thursday	Friday
5 Chicken Sticks Slice Bread Steamed Broccoli Diced Peaches Low Fat Milk	6 Open Face Turkey Sandwich Raisins Mashed Potato Low Fat Milk	7 Sweet & Spicy BBQ Chicken Bowl Steamed Rice Broccoli Pineapple Tidbits Low Fat Milk	8 Ham and Potato Au gratin Sliced Breads Mixed Vegetables Mandarin Oranges Low Fat Milk	9 Grilled Cheese Tomato Soup Green Beans Pears Low Fat Milk
12 Chicken Nuggets Sliced Bread Peas Sliced Apple Low Fat Milk	13 Pizza Sticks Dipping Sauce Sliced Carrots Peaches Low Fat Milk	14 <u>Christmas Dinner</u> Pork Roast Dinner Roll and Stuffing Mashed Potatoes Yams Blue Berry Crisp Low Fat Milk Free Ice Cream Cup	15 Meatloaf and Gravy Slice Bread Mashed Potato Pineapple Tidbits Apple Sauce Low Fat Milk	16 Ham and Cheese Panini Seasoned Green Beans Pineapple Tidbits Low Fat Milk
19 Buffalo Chicken Dipper Tortilla Chips Slice Bread Steamed Broccoli Pineapple Tidbits Low Fat Milk	20 BBQ Rib Sandwich on a Bun Emoji Fries Mixed Fruit Low Fat Milk	21 Macaroni and Cheese Slice Bread Stewed Tomato Raisins Low Fat Milk	22 Chicken Parmesan Sandwich on a Bun Seasoned Green Beans Peaches Low Fat Milk	23 <u>Brunch for Lunch</u> French Toast Sticks w/ Syrup Sausage Patty Tater Tots Warm Cinnamon Apples Low Fat Milk 12:30 Dismissal

WISHING YOU AND YOUR FAMILY A VERY MERRY
CHRISTMAS AND A HAPPY NEW YEAR!

Jan 2 Mini Corndog Nuggets Steamed Corn Juicy Peaches Low Fat Milk	3 Cheese Steak Hoagie French Fries Mandarin Oranges Low Fat Milk	4 Pierogies Slice Bread Sliced Carrots Blueberries Low Fat Milk	5 Open Face Turkey Sandwich Mashed Potatoes Sliced Apples Low Fat Milk	6 Buffalo Chicken Panini Steamed Broccoli Pears Low Fat Milk
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Monday	Tuesday	Wednesday	Thursday	Friday
BBQ Pulled Pork on a Bun	Chicken Nuggets W/ Slice Bread	BBQ Bacon Cheese Burger	Hot Dog w/ Chili On a Bun	Hot Ham and Cheese on a Pretzel Roll



Monday-Italian Hoagie
Tuesday-Buffalo Chicken Wrap
Wednesday-Oven Roasted Turkey and Cheese
Thursday- Ham & Cheese Sandwich
Friday -Tuna Salad Sandwich
Peanut butter and Jelly



*Must take at least one 1/2 cup of fruit or vegetable

*Vegetable Bar includes:

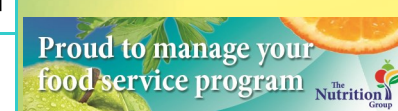
Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

*Fruits include:

Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce



Milk Choices Offered Daily:
1% white, non-fat white, non-fat flavored



Lunch Prices: Paid \$2.85 Reduced \$.40

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE